



The Sisterhood of the Myrrh-Bearing Women
of St. Nicholas Russian Orthodox Church



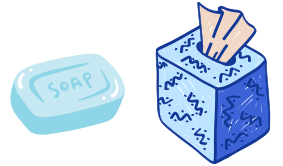
FOOD DRIVE FOR GREAT LENT

Reaching out to help those less fortunate than us!

ACCEPTING NON-PERISHABLE FOOD ITEMS & TOILETRIES

THROUGH PALM SUNDAY, APRIL 13TH

for the Sterling House Food Pantry



HOW TO DONATE

1. See list below for accepted types of items & most needed items.
2. Drop off your donations in the bins located in the St. Nicholas Church Hall, at **1 Honeyspot Rd, Stratford CT**

ACCEPTED ITEMS

Standard sizes (not bulk) appreciated!

Click [**HERE**](#) for the food pantry's Amazon wish list!

FOOD & DRINK

Canned goods (beef stew, chili, low-sodium soups, tomatoes, tomato sauce, fruit, vegetables, seafood (other than tuna), beans)
Olives, artichokes & mushrooms
Rice, quinoa, couscous, etc.
Dry soup mixes (ex. Lipton)
Crackers & COOKIES!
Nuts, trail mix & dried fruit
Unsweetened applesauce
100% fruit juice
Ensure & Boost
Shelf-stable milk
Instant coffee
Pancake syrup
Peanut butter, 100% fruit spread
Salad dressings, olive oil & vinegar
Marinades & sauces (BBQ, spaghetti sauce, etc.)
Dried herbs & spices

TOILETRIES & CLEANING SUPPLIES

Shampoo & conditioner
Disposable razors, shaving cream
Deodorant, feminine pads
Bar soap, sponges
Toothpaste, floss, mouthwash
Flushable wipes, baby wipes
Paper towels, toilet paper, tissues
Brooms, mops
Garbage bags
Laundry detergent
Laundry basket



Please do not bring anything packaged in glass!

Please come soon to drop off your donations!

THANK YOU FOR YOUR GENEROSITY & SUPPORT!